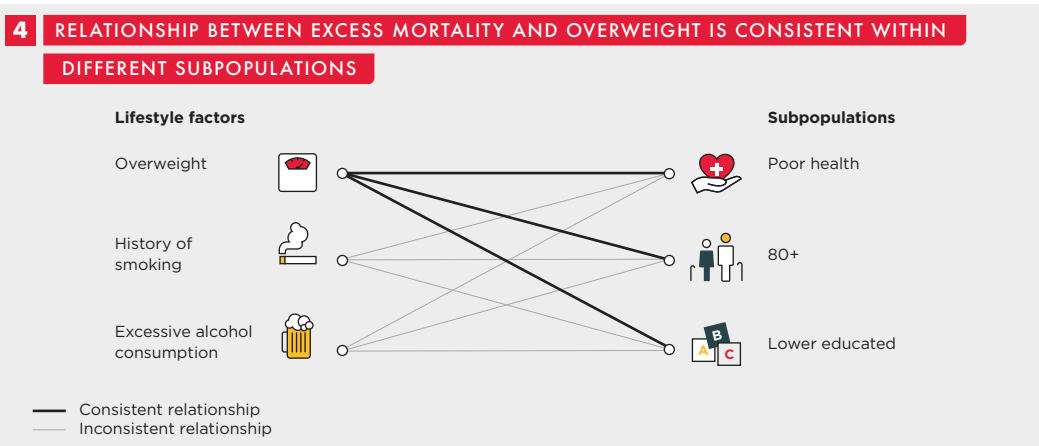
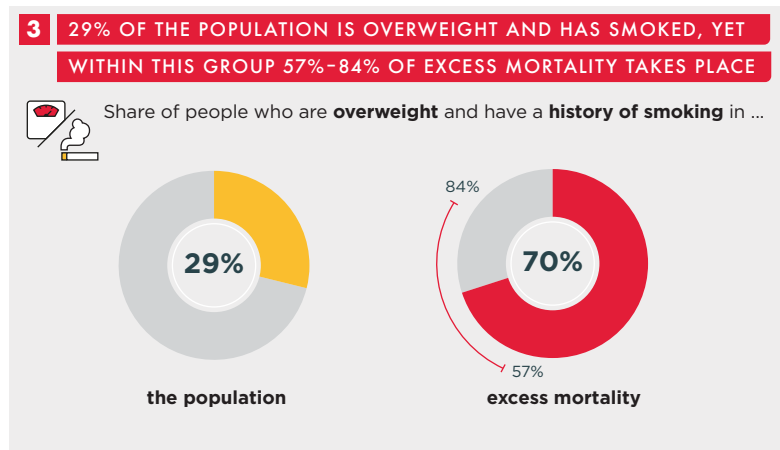
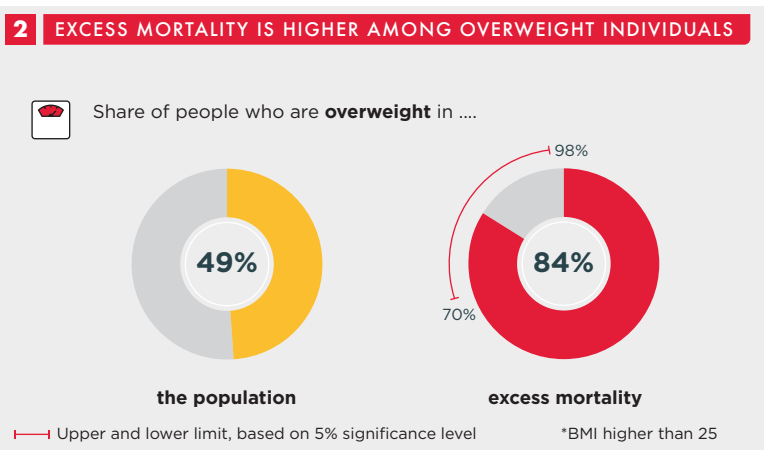
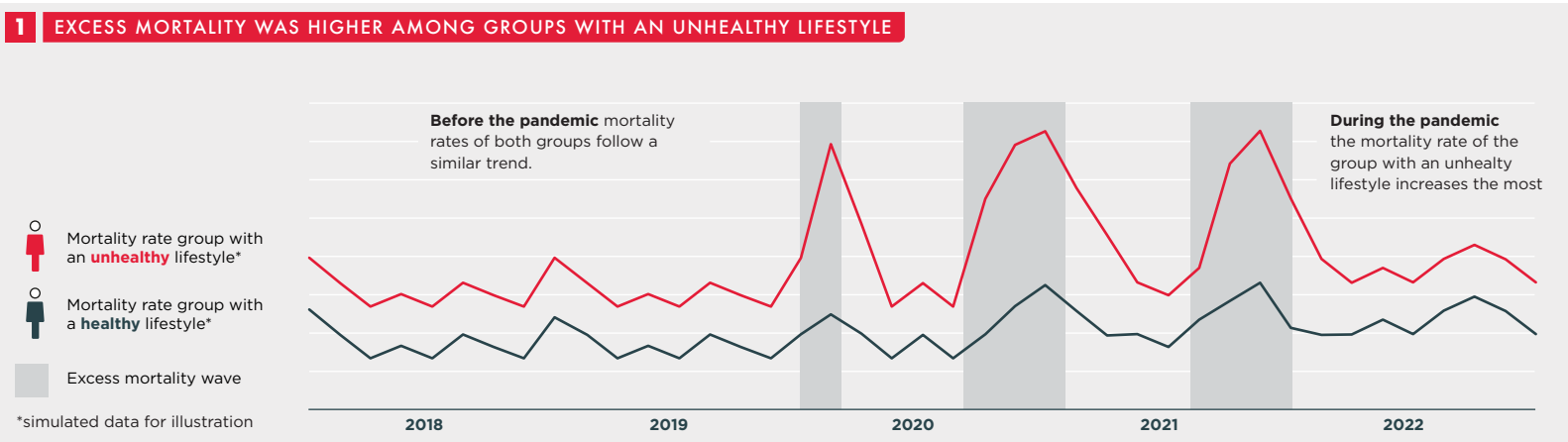


# Mortality during the COVID-pandemic: is excess mortality higher among people with an unhealthy lifestyle?

During the COVID-19 pandemic more people have died than expected based on historical mortality rates. The Central Bureau of Statistics estimates that in 2020 and 2021, the total excess mortality amounts to 30 thousand people.



### Policy recommendations

The results provide insight into vulnerable groups and support policy measures that take this into account.

- In future pandemics, lifestyle factors can be taken into account in targeted vaccination campaigns, or in the distribution of vaccines. If the policy goal is to reduce excess mortality.
- It is also important to take into account a combination of unhealthy lifestyle factors – particularly obesity and smoking.
- Results also highlight the importance of prevention policies that promote healthier lifestyles.